

At this time of year, adults shouldn't just think about flu



Learn all you can about other diseases and infections that may affect your health, including:

- Tetanus (lock jaw)
- Diphtheria
- Pertussis (whooping cough)
- Hepatitis A
- Pneumococcal
- Hepatitis B
- Varicella (chickenpox)
- Zoster (shingles)



Ask your health care provider today about ways to stay healthy.