



Doctor Discussion Guide

1. I want effective birth control that lasts for as long as I want, for up to 5 years. Yes No

2. Some days are so hectic I forget to take my birth control. Yes No

3. I want an effective birth control method I don't have to think about taking every day. Yes No

4. I am interested in an estrogen-free form of birth control. Yes No

5. It is important for me to plan the length of time between children. Yes No

6. I want to keep my options open. I may want to have more children in the future, but not right now. Yes No

7. My partner and I are tired of using condoms. Yes No

8. I'd like to talk with my healthcare provider about intrauterine contraception. Yes No

9. I want birth control that treats my heavy periods. Yes No

Mirena® (levonorgestrel-releasing intrauterine system) is FDA approved to treat heavy periods in women who choose intrauterine contraception.

Indications & Usage

Mirena (levonorgestrel-releasing intrauterine system) is a hormone-releasing system placed in your uterus to prevent pregnancy for as long as you want for up to 5 years. Mirena also treats heavy periods in women who choose intrauterine contraception.

Important Safety Information About Mirena

Only you and your healthcare provider can decide if Mirena is right for you. Mirena is recommended for women who have had a child.

Don't use Mirena if you have a pelvic infection, get infections easily or have certain cancers. Less than 1% of users get a serious infection called pelvic inflammatory disease. If you have persistent pelvic or abdominal pain, see your healthcare provider.

Mirena may attach to or go through the wall of the uterus and cause other problems. If Mirena comes out, use back-up birth control and call your healthcare provider.

Although uncommon, pregnancy while using Mirena can be life threatening and may result in loss of pregnancy or fertility.

Ovarian cysts may occur and usually disappear.

Bleeding and spotting may increase in the first few months and continue to be irregular. Periods over time may become shorter, lighter or even stop.

Mirena does not protect against HIV or STDs.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

For important risk and use information about Mirena, please see the [Full Prescribing Information](#).

Brought to you by **Mirena**, birth control that may help make life a little simpler.