

How your toddler grows

Every visit counts!

The well-child visit can help your child stay healthy. We've listed below some of the things your child's doctor might review during each toddler well-child visit.



The Well-Child Visit

15 months

Stay on track for
your toddler's
15-month well visit:

S M T W Th F S

AM

PM

DATE

TIME

- Give your toddler a physical exam
- Measure and write down your toddler's height, weight, and head size (circumference)
- Ask about your toddler's:
 - Eating habits (What and how much does your toddler eat?)
 - Sleeping habits (How many hours does your toddler sleep?)
 - Diaper habits (How often does your toddler have a poopy diaper?)
- Give your toddler recommended shots (vaccinations)
- Check how your toddler is growing and developing (Does your toddler say at least 3 words? Does your toddler walk alone?)
- Answer any of your questions or concerns



The Well-Child Visit

18 months

Stay on track for
your toddler's
18-month well visit:

S M T W Th F S

AM

PM

DATE

TIME

- Give your toddler a physical exam
- Measure and write down your toddler's height, weight, and head size (circumference)
- Ask about your toddler's:
 - Eating habits (How many meals does your toddler eat each day?)
 - Sleeping habits (How many naps does your toddler take?)
 - Diaper habits (Are your toddler's diapers dry for longer periods?)
- Give your toddler recommended shots (vaccinations)
- Check how your toddler is growing and developing (Does your toddler say at least 10 words? Does your toddler scribble with a crayon?)
- Answer any of your questions or concerns



The Well-Child Visit

2 years

Stay on track for
your toddler's
2-year well visit:

S M T W Th F S

AM

PM

DATE

TIME

- Give your toddler a physical exam
- Measure and write down your toddler's height, weight, and head size (circumference). The doctor might also check your toddler's body mass index (BMI).
- Ask about your toddler's:
 - Eating habits (Does your toddler occasionally skip meals?)
 - Sleeping habits (Is your toddler getting at least 13 hours of sleep?)
 - Diaper habits (Does your toddler tell you his or her diaper is wet or dry?)
- Give your toddler recommended shots (vaccinations)
- Check how your toddler is growing and developing (Does your toddler say at least 50 words? Does your toddler know how to run?)
- Answer any of your questions or concerns



The Well-Child Visit

3 years

Stay on track for
your toddler's
3-year well visit:

S M T W Th F S

AM

PM

DATE

TIME

- Give your toddler a physical exam
- Measure and write down your toddler's height and weight. The doctor might also check your toddler's body mass index (BMI).
- Ask about your toddler's:
 - Eating habits (What kind of snacks is your toddler eating?)
 - Sleeping habits (Does your toddler still take a nap?)
 - Bathroom habits (Has your toddler started potty training?)
- Give your toddler recommended shots (vaccinations)
- Check how your toddler is growing and developing (Can your toddler join 3 words together to make a sentence? Can your toddler walk up stairs?)
- Check your toddler's blood pressure and vision
- Answer any of your questions or concerns



To help prepare for each of your child's visits, write down any questions that you may have to review with your child's doctor.

Want more resources to help keep you and your family healthy?
Visit MerckEngage.com/healthyfamilies.

