## **SENIOR HEALTH**

## My Medication Chart

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Name:
Medical Conditions:
Drug Allergies:
Food Allergies

## **My Medications**

Name of Medicine or Supplement	Name of Prescribing Doctor	Phone # of Prescribing Doctor	Route or form (pill, injection, patch, cream)	Dose	How Often	Reason for Use or Special Considerations	Date Started or Dose Change

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