

Taking medication

Take an active part in your treatment

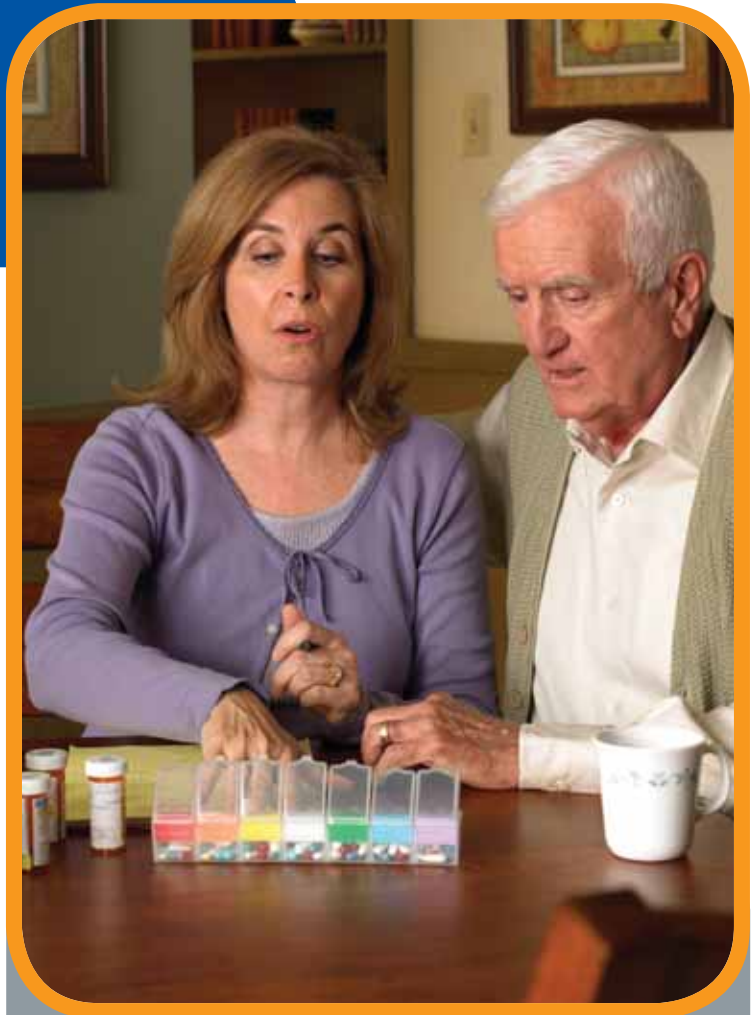
- Take control of your health treatment.
- Talk to your health care team.
- Stay informed about your condition.

Learn all you can about your new medication

- The more you know, the better.
- Take time to talk to your health care team.

Know what things to avoid

- Some medications should not be taken with other medications.
- Some medications should not be taken if you have certain medical conditions.
- Some vitamins, supplements, and foods may need to be avoided. Talk to your health care team about this important topic.



Take your medication as directed. Always follow your health care team's instructions about taking your medication.

DIABETES

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Schedule regular follow-up appointments as directed by your health care team

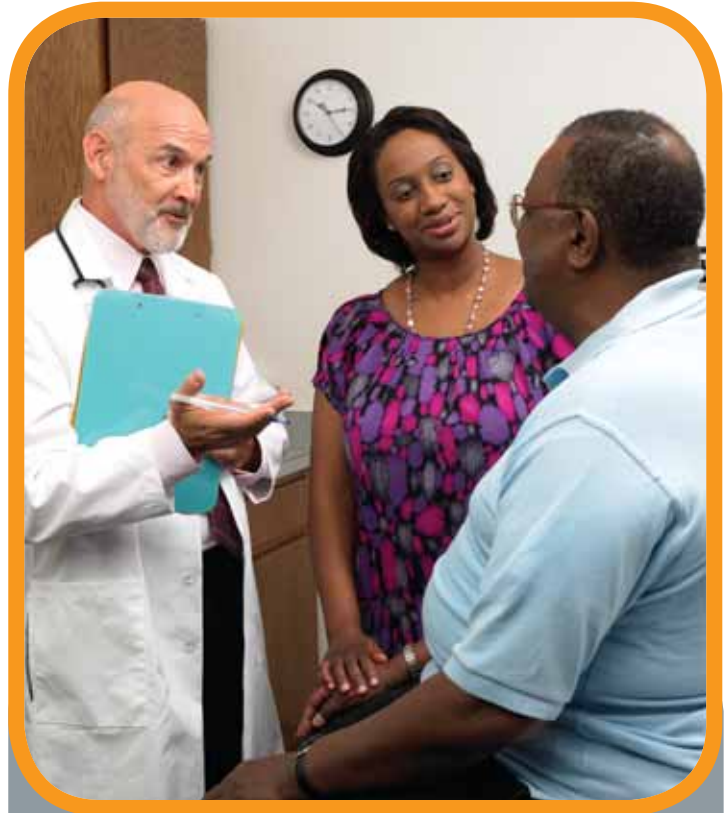
- Talk to your health care team.
- Make sure that you understand your treatment.
- Follow your treatment plan.

Things to keep in mind

- Having a medical condition means your body works differently than it should.
- Your health care provider has prescribed a medication to help address your condition.

Team up with your health care team

- Talking to your health care team during office visits can help you understand the importance of taking medication. During routine office visits, you can get more information and ask questions about your medication.



Discuss possible long- and short-term side effects with your health care team.

Keep a list of your prescription medications, vitamins, and supplements in your wallet.

